

CISRS Operative Training Scheme (COTS) Information

Course Aims

The aim of the CISRS Operative Training Scheme (COTS) is to teach all new entrants and labourers the basics of the industry and how to keep safe when working with scaffolding and access solutions, whilst also making sure existing operatives are up to date.

This course also helps the scaffolding sector meet the requirement that every operative must have received some formal training before being allowed onto their sites.

Course Entry Requirements

IMPORTANT: It is a CISRS Course Pre-requisite that Candidates must hold a valid CITB Health, Safety & Environmental touch-screen test pass (or recognised exemption) prior to course attendance - this test must have been completed within 2 years of the date of card application.

Literacy and language comprehension are important requirements on all courses. Any physical impairment or literacy issues should be discussed with SkillRise Training Ltd prior to making a booking so we can best accommodate your needs.

PLEASE NOTE: All candidates must be able to take a full and active role during the practical skills session to pass the course.

Course Content

- Relevant Regulations and Codes of Practice
- General Responsibilities
- Basic Scaffold Terminology (Components & Application)
- Servicing of Equipment, Tube, Fittings, Boards & Stock Quality Control
- Health, Welfare, Hygiene & Housekeeping
- Electrical Safety
- Fire Prevention & Control
- Noise & Vibration
- Work at Height
- Accident Prevention & Reporting
- Personal Protective Equipment
- Site Transport Safety (Including Loading & Unloading)
- Equipment & Tools
- Manual Handling (Including practical element)
- Lifting Equipment Using Rope & Wheel
- Questions/ Test Paper

Who will benefit

The CISRS 1 Day COTS Course is a requirement for anyone wishing to apply for a CISRS Scaffolding Labourer Card or CISRS Scaffolding Labourer Card Renewal.

As of 1st March 2024, CISRS has announced that CISRS Training Centres are only able to make applications for CISRS Scaffolding Labour Cards upon completion of this course.

A CISRS Scaffolding Labourer Card must be held for at least 3 months before a candidate can attend their CISRS Scaffolding Part 1 course. On completion of CISRS Part 1 Courses training providers will now be responsible for making CISRS Trainee Scaffolders Card applications - these cards will be CISRS Part 1 endorsed.